

Prestige Taekwondo Schedule (Starting August 8th)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Excellent Kids	Beginner Taekwondo		Level 1 Taekwondo		
3:20pm - 4:00pm Ages 4-6	3:20pm - 4:00pm White Belt Ages 6+		3:20pm - 4:00pm Yellow, Orange, Purple		
Level 3 Taekwondo	Level 3 Taekwondo	Level 3 Taekwondo	Level 2 Taekwondo	Excellent Kids	
4:00pm - 4:40pm Red, Sr. Red	4:00pm - 4:40pm Ages 4-6				
Level 2 Taekwondo	Level 2 Taekwondo	Level 1 Taekwondo	Level 3 Taekwondo	Beginner & Level 1	
4:40pm - 5:20pm Green, Blue, Brown	4:40pm - 5:20pm Green, Blue, Brown	4:40pm - 5:20pm Yellow, Orange, Purple	4:40pm - 5:20pm Red, Sr. Red	4:40pm - 5:20pm White to Purple	
Level 1 Taekwondo	Black Belt	Beginner Taekwondo	Black Belt	Level 2, 3 & Black Belts	Junior Sparring Team
5:20pm - 6:00pm Yellow, Orange, Purple	5:20pm - 6:00pm Black Belt Only	5:20pm - 6:00pm White Belt Only	5:20pm - 6:00pm Black Belt Only	5:20pm - 6:00pm Green to Black	11:00am - 12:00pm Invite Only
Beginner Taekwondo	Level 1 Taekwondo	Level 2 Taekwondo	Beginner Taekwondo	SPARRING TEAM	SPARRING TEAM
6:00pm - 6:40pm White Belt Ages 6+	6:00pm - 6:40pm Yellow, Orange, Purple	6:00pm - 6:40pm Green, Blue, Brown	6:00pm - 6:40pm White Belt Only	6:00pm - 8:00pm Invite Only	12:00pm - 1:30pm Invite Only
Teen & Adult Taekwondo	Teen & Adult Taekwondo	SPARRING TEAM			
6:40pm - 7:30pm Ages 13+	6:40pm - 7:30pm Ages 13+	6:40pm - 8:20pm Invite Only			

Phone Number: 714-642-7612 Email: info@prestigemam.com



Prestige Taekwondo Schedule (starting August 8th)

Excellent Kids (Ages 4-6)

Monday: 3:20pm - 3:50pm

Friday: 4:00pm - 4:30pm

Beginner Class (White Belt Only)

Monday: 6:00pm – 6:40pm

Tuesday: 3:20pm - 4:00pm

Wednesday: 5:20pm - 6:00pm

Thursday: 6:00pm - 6:40pm

Friday: 4:40pm - 5:20pm

Level 1 (Yellow, Orange, Purple)

Monday: 5:20pm – 6:00pm

Tuesday: 6:00pm – 6:40pm

Wednesday: 4:40pm - 5:20pm

Thursday: 3:20pm - 4:00pm

Friday: 4:40pm – 5:20pm

Teen and Adult Class

Monday: 6:40pm

Tuesday: 6:40pm

Level 2 (Green, Blue, Brown)

Monday: 4:40pm – 5:20pm

Tuesday: 4:40pm - 5:20pm

Wednesday: 6:00pm - 6:40pm

Thursday: 4:00pm - 4:40pm

Friday: 5:20pm – 6:00pm

Level 3 (Red & Sr. Red)

Monday: 4:00pm - 4:40pm

Tuesday: 4:00pm - 4:40pm

Wednesday: 4:00pm - 4:40pm

Thursday: 4:40pm - 5:20pm

Friday: 5:20pm – 6:00pm

Black Belt Class

Tuesday: 5:20pm – 6:00pm

Thursday: 5:20pm - 6:00pm

Friday: 5:20pm – 6:00pm

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